

Ventura County Championships Qualifying Standards

Boys	Event	Girls
11.88 Fat Only	100 Meters	13.44 Fat Only
24.24 Fat Only	200 Meters	28.24 Fat Only
54.50	400 Meters	65.50
2:06.00	800 Meters	2:35.00
4:48.00	1600 Meters	5:48.00
10:30.00	3200 Meters	12:55.00
17.00	110/100 High Hurdles	18.00
44.50	300 Hurdles	54.00
No Qualifying	4 X 100	No Qualifying
No Qualifying	4 X 400	No Qualifying
No Qualifying	4 X 800	No Qualifying
19-0	Long Jump	14-6
38-0	Triple Jump	29-0
5-8	High Jump	4-8
9-6	Pole Vault	6-6
41-0	Shot Put	29-0
110-0	Discus Throw	80-0

Coaches must submit athlete marks on the VCCCTFCA website. Only marks submitted by coaches are acceptable. All Athletes marks must be submitted to qualify for the Ventura County Championships. Contact Robert Lopez for more information.